

CBR Quarterly Meeting – CAHR Ancillary Event, April 26, 2018

The CBR Quarterly has become a community of practice for those interested in and conducting community-based research (CBR) in British Columbia. It brings together people with lived experience, members of community-based organizations, academics and policy-makers three times a year. We would highly recommend this approach for building linkages and connections and producing positive outcomes within CBR networks and communities.

Background

The first meeting of what would become the BC CBR Quarterly meeting was held in the Fall of 2010. It came at a time when community-based research was growing in BC. The Canadian Institutes for Health Research (CIHR) had created a Community-Based Research Funding Branch for HIV/AIDS in 2003 and in the years following the demand on this funding stream increased. This meant there were many more academics in BC who were submitting to this grant and the resulting requests on community-based organizations (CBOs) and policy-makers to come on to grants as knowledge users increased. This did not always happen in a good way that would allow partners time to consider the request and to actively contribute to the proposal design and writing.

Joint discussions between Pacific AIDS Network (PAN), the Provincial Health Services Authority (PHSA) and the BC Centre for Excellence in HIV/AIDS (BC-CFE) highlighted that there was not a good system in place to bring in community-based partners into the research process. This led to the understanding that the sector would benefit from having a common table to talk about potential research studies and key learnings around CBR, while also recognizing the need to meaningfully engage with the GIPA/MIPA (Greater and Meaningful Involvement of People Living with HIV/AIDS) Principles.

Meeting Format

While the meeting format has changed over the years we have settled on a format that consists of any number of the following:

- Capacity building or professional development (see chart below for various topics covered)
- Discussion of emerging issues – this has been a helpful table for teams to ask about things that they are having challenges with or to seek advice from around the table
- Sharing of key learnings or best practices – panel or group presentations and discussion on various topics, where teams present on accomplishments or what they have learned in targeted manner (see chart below for various topics covered). This has been an opportunity to learn from each other's practices
- Work Group report back – over the course of the Quarterly meetings there have been a number of topics that have required a smaller working group to move forward – the Honoraria and Compensation Working Group was one of them. Because many teams were struggling with how best to compensate peers on their studies this working group did a lot of research and planning and eventually developed the [CBR Tips Sheet: Compensating Peer Researchers](#), which has been disseminated across the country.
- Program updates (a mainstay of every meeting) – because there are so many partners around the table we have structured these to be short and to the point and ask teams to provide a short summary of each project and consider these three points: one success, one problem encountered, and one lesson learned.
- Networking time –important to have informal networking time at these meetings (with snacks when budget allows).

If you want to read more about topics discussed at the CBR Quarterly Meeting please visit PAN's website:

www.pacificaidnetwork.org/research-and-evaluation/quarterly-cbr-in-bc-meetings/

High-Level Impacts

We surveyed participants of the CBR Quarterly about what they felt are the high-level impact of the CBR Quarterly meetings and this is what we heard:

- Importance of linkages for collaboration – allowed us to make linkages that we were not even aware of
- Allows this community-of-practice to engage with new methods and approaches to CBR
- Honest discussions around “how do we do CBR in a good way?” - really helpful to hear about successes and concerns
- Increased funding and resourcing opportunities. In the beginning teams and organizations were competing for dollars, this was not strategic nor supportive; we have gotten to a much more collaborative space
- Community-based organizations used this meeting as a “call to action.” They realized the benefit of research in shifting policy and increasing programming and also that they could lead research that was meaningful to them
- CBR Quarterly Meeting has become an incubator for new researchers in the field. It is a helpful place for new people in the sector to come and meet colleagues and partners
- Helpful arena for collective problem solving and tool or resource development
- Allowed for smaller players to collaborate on bigger pieces of research
- Opportunity to learn from each other to achieve success in our research professional roles within the field of HIV/AIDS and community-based research
- Sharing of resources, building partnerships, collective problem solving, and not reinventing the wheel
- As a PRA it is helpful to witness several research studies as they are active
- Peer engagement of PRAs in presenting findings
- Networking!

The CBR Quarterly Meeting participants respectfully acknowledge that our work takes place across BC's 198 First and Métis Nations.

Planting the Seed (2010)



A Seedling Emerges (2011 - 2012)



Growing to a Sapling (2013 - 2015)



Maturity (2016 - 2018)



<p>MEMBERS: Pacific AIDS Network (PAN), Provincial Health Services Authority (PHSA), BC Centre for Disease Control (BCCDC), BC Centre for Excellence in HIV/AIDS (BCCFE)¹</p>	<p>MEMBERS: CANOC; PAN; Hep C Council (became PHCN); AIDS Vancouver; BCPWA (became Positive Living BC (PLBC)); Positive Women’s Network; McLaren Housing Society; AIDS Vancouver Island; Dr. Peter Centre; BCCFE</p>	<p>MEMBERS: CHIWOS; McLaren Housing Society - Howe at Home, The Way I See It; Positive Living BC – CBR Program; Dr. Peter Centre – Evaluation, Food as Harm Reduction Study; PAN – Positive Living, Positive Homes, Rethinking ASOs?, Moving Mountains, Stigma Index; REACH 2.0; CBR Collaborative Centre; AHA Centre; Engage Study; Health Initiative for Men; AIDS Vancouver -- Food Security Study; Momentum; Gay Poz Sex Study, UNBC</p>	<p>MEMBERS: SHAPE Study; Dr Peter Centre -- Food as Harm Reduction Strategy, Integrated Evening Program; PAN -- Positive Living Positive Homes (PLPH), BC People Living with HIV Stigma Index, Making It Work; Gay Poz Sex Study; CANOC; CTN PVP; Incentive Study; Positive Living BC -- PRA Plus Training, Positive Plus One, Dental care access study; UWW/REACH; Momentum; SHAWNA; BCCSU - Cheque Day Study; CHIWOS; At Home At Howe; Home and Community Care</p>
<p>ACCOMPLISHMENTS:</p> <ul style="list-style-type: none"> • Conversations on how to build meaningful and equitable partnerships between ASOs, people living with HIV (PHAs), and the BC Centre for Excellence in HIV/AIDS 	<p>ACCOMPLISHMENTS:</p> <ul style="list-style-type: none"> • Major topics of conversation: Compensating peer researchers as an important topic of conversation; opportunities for PRA authorship • Honoraria & Disability Working Group formed (later renamed Honoraria and Compensation Working Group) – gathering information about peer compensation; honoraria and compensation survey was conducted with research projects • Emerging Issues Identified – social media and research; research in rural and remote communities 	<p>ACCOMPLISHMENTS:</p> <ul style="list-style-type: none"> • PAN Hosts (CBR Quarterly members invited) Workshop: Knowledge to Action: Strategic Directions for CBR • Emerging Issues Identified: Social Media and Research – PAN develops a webpage of resources for group; guidelines or policies for PRAs to make expectations clear; resources for grief and loss; PRA training; evaluating CBR process; criminalization and non-disclosure and research; KTE editing to right reading level; evaluating participant’s experience in a study; conflict resolution • Conducted CBR Quarterly Participant’s Survey to gauge how well we were doing meeting participant’s needs and whether changes were needed • Honoraria and Compensation Working Group launches CBR Tips Sheet: Compensating Peer Researchers and works to distribute through networks • Separate Peer Researcher Meeting held by CBR Quarterly participants to provide space for peers working on CBR studies to get together to discuss common issues 	<p>ACCOMPLISHMENTS:</p> <ul style="list-style-type: none"> • Capacity Building/Professional Development: Participatory analysis & DEPICT Model (presentation by Sarah Flicker); Peer Worker Support Project (presentation by Terry Howard) • Panel Discussion: Development and maintenance of connections between research and CBOs • Panel Discussion: People with lived experiences contribution to CBR • Group discussion: HIV and Aging and research • Group discussion: Impact of PHAC funding changes on CBR • Emerging Issues: recruitment fatigue, multiple studies recruiting at one time; confidentiality issues • CAHR Ancillary Event – Model CBR Quarterly

¹ We are including the projects that have participated in the CBR Quarterly (as there is staff turnover in projects and for reasons of confidentiality). We apologize if we have missed you – please send us a note and we will add you to the electronic version of this report