

**Notes**  
**CBR in BC Quarterly**

**Wednesday, May 18, 2016 12:30 pm – 2:30 pm**

Location: **McLaren Housing Society (1249 Howe Street) and via teleconference**

In attendance: Saranee Fernando, Margaret Erickson, Sarah Kesselring, Dave Boyack, Terry Howard, Chris Miewald, Sean Grieve, Megan Woodward, Jaydee Cossar, Janice Duddy, Bernice Thomson, Flo Ranville, Patrick MacDougall, Cinnamon, Cheryl

By phone: Ross Harvey, Heather Picotte, Chrissy Taylor,

Regrets: Sandy Lambert, Jonathan Postnikoff, Darren Lauscher, Val Nicholson, Chuck Osborne, Sarah Chown, Gina McGowan, Andrea Langlois

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**Notes:**

1. Welcome & introductions
2. Approval of Agenda – add in items under #3 Emerging Issues and #4 Updates
3. Presentation and Discussion: Terry Howard will be presenting findings from this project: [Peer Worker Support Project: Developing Industry Support Standards for Peer Workers Living with HIV](#). (see attached slides)
  - Peer researchers, peer counselors and peer navigators
  - Purposive study (not random sample)
  - What do people really consider to be peer support? What kind of supports can we put into place? Use social justice and anti-oppression framework
  - An important point was around vicarious stress (secondary traumatic stress) – witnessing and carrying other people's stories
  - Worked to develop a resource guide for the peers
  - Peers made a lot of reference to training in general and you see this throughout the whole document
  - Peers need a clear scope of practice – clear guidelines and job descriptions
  - This is a living document – please take ownership of it and contribute to it – needs to grow and be current – developing a CBR Toolkit – please contact Terry with suggestions for the CBR Toolkit
  - Self-care and boundaries – need to be reflected on throughout a project, not just one time – how do you use and practice these skills
4. CAHR Report back: Those who attended the Canadian Association for HIV/AIDS Research in Winnipeg last week will be provided with an opportunity to share details about their presentations and any exciting information or research that they would like to share back with this group.
  - Great to get out and talk to frontline providers

- Was interested in hearing about rehabilitation needs of people living with HIV – thinking about rehabilitation alongside chronic diseases – need to take a fulsome look at people’s health care
  - Rehabilitation – “treatment focuses on the virus and rehabilitation focuses on the host (person)”
  - There was a focus on social determinants of health – focus in SK and other provinces – looking at equitable accessible service
  - Stephanie Nixon, social science plenary was great – looking at the charity model, equity model
  - CBR section was very well attend is becoming a permanent fixture for the conference
  - Next year is in Montreal
  - HIV and aging was really interesting
  - Janice was able to visit the National HIV Lab – they are rolling out a POC Confirmatory Testing which is a big step for mobile testing sites
5. Program and Project Updates (Time Permitting). Please provide a short summary of each project and consider these three points: one success, one problem encountered, and one lesson learned (if we have more time at the end of the meeting we can provide people additional time).
- Making It Work Project was funded through CIHR’s CBR Catalyst Grant through Aboriginal Stream. This project will develop a realist evaluation framework to evaluate how frontline programs make best practices relating to case management and community development work for people living with HIV, HCV, ill mental health and substance use issues.
  - PLDI Impact Evaluation with Peer Evaluators – PAN is working on hiring and training three Peer Evaluators to support an evaluation of BC’s PLDI program. **Please see the attached job posting and distribute to interested candidates.**
  - BC Stigma Index – Success: getting ethics back. Problem encountered: how can we properly protect peers and PAN when bringing PRAs on board. Lesson learned: don’t reinvent the wheel, pick up the phone, lots of knowledge out there.
  - Food as Harm Reduction/Dr. Peter Centre – Challenge: Flipped Conference has been a challenge, we have become video producers and are promoting a KT project: A-peeling Approach: Translating Knowledge to Health for People who use drugs and live with HIV. In this project we will and out bananas with KT messages on them: <http://www.universitieswithoutwalls.ca/?p=1390> Eight other teams across Canada are also involved and in essence we have disseminated project findings within these teams already. There was a question about whether people living in the DTES have access to online tools and the VIDUS study just added a question about whether people had access to internet/phone to examine this.
  - Incentive Studies – Challenges: hard time with recruitment in the DTES. We are finding it hard to find drug users who are NOT adhering to their meds because they are all well connected to care. Success: have enrolled over half of our study goals. Lessons learned: community partnerships and referrals are important tools.
  - Dr. Peter Study – Success: we had an amazing event to celebrate findings from the Dr Peter Study. Closed study at the end of March. Symbolized the importance of bringing the findings back to the participants and the community. Was very well received. Had a slam poet who performed -- based on word clouds from the study -- about what they valued about the Dr. Peter Centre. Asked people to add verses to the poem. Challenge:

when recruitment ended there were questions about whether there was any work that the PRAs could contribute to? But we work with PRAs to find things they could contribute to. Lessons Learned: building on strengths and realizing what people can bring to the table

- SHAPE Study (evaluation of STOP HIV) – Success: already have 200/800 people recruited. Challenge: people are calling all the time. It is an online survey but because some people have heard they can get a cash honoraria (rather than a cheque) if they talk directly to Sarah a lot of people have been calling the office. Lessons learned: boundaries and really encouraging people to complete online. People really still want to talk to someone.
  - SHAWNA – Success: we received funding for qualitative, photovoice project. Training PRAs to co-facilitate this. Challenge: Actively recruiting 220 participants, however, these are coming in slowly and can use all of the help we can get. Doing qualitative interviews at the same time. Working on specifically doing interview with trans\* individuals. PRAs are wearing many different hats and this is challenging with regard to the role people are playing. Problems encountered: Trans\* interviews, people don't feel comfortable with a peer interviewer and would rather do the interviews with someone outside of the community. Being clear about roles.
  - Positive Living, Positive Homes – Success: finished first phase of data collection in Vancouver and Prince George, will do follow-up interviews later in the summer. Partnership generated through the study i.e. in Prince George – ED PLN (study team member) had conversation with BC Housing, generated a lot of interesting in developing a needs assessment around HIV and Housing in Prince George. Finished our data collection and have been working on participatory data analysis – a number of peers really interesting in helping with this process. Challenges: recruitment and staffing issues in Kamloops. Lessons learned: we can't rush the CBR process and need to be flexible.
  - Service Relevancy Study at Positive Living BC – Inputting the data through the web portal, ethics application. Launching first/second week of June. Look at the services that Positive Living provides. We will be surveying 5,700 – 6,000 members from across the province and will ask participants if they would be interested in participating in other research projects and/or sit on a research panel. Looking at how to adapt services. Challenge: time it has taken to solidify a partnership between Positive Living and the BCCFE. We have never successful for obtaining research funding so are doing it in-kind. Have very few resources. Will have evidence that we are providing services people need and want. Lessons learned: patience.
6. Emerging issues discussion: What are common/cross-cutting Issues that would benefit from a discussion at the CBR Quarterly table? Would we like to invite more guest speakers?
- Stephanie Nixon and Terry Howard working on a training around how to work within a truth and reconciliation framework with Indigenous people
  - Budgets for grants – please write in line items for support for community, community-based organizations. Some amount to help off-set some costs. Consider CBOs writing a letter to official ask people to consider this. Other methods that CBOs are using to help support research happening in these contexts. Supporting staff who may be facing the burden of research.
7. Other Agenda Items – Everyone

8. Next Meeting: September 2016