

for FRONTLINE WORKERS

MARCH
17, 18 and 19
2010



MENTAL HEALTH
and
HIV/AIDS and HCV
CO-INFECTION

TRAINING AGENDA

- **Recognizing** the prevalence, signs and symptoms of mental health conditions affecting people living with HIV/AIDS/HCV
- **Responding** with therapeutic models
- **Identifying** and building supports



VANCOUVER AIRPORT MARRIOTT

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FUNDED BY
The Provincial Health Services Authority
And
The Public Health Agency of Canada

PROGRAM AT A GLANCE

DAY ONE: MARCH 17, 2010
THEME: RECOGNIZING

OBJECTIVE: Participants will learn to recognize the prevalence, signs and symptoms of mental health conditions affecting people living with HIV and HCV

DAY TWO: MARCH 18, 2010
THEME: RESPONDING

OBJECTIVE: Participants will explore various therapeutic models

TIME	PLACE	EVENT	FACILITATOR	TIME	PLACE	EVENT	FACILITATOR
9:00-9:10	Main Room	Opening Prayer	Elder Eugene Harry	9:00-9:10	Main Room	Opening Prayer	Elder Eugene Harry
9:10-9:20	Main Room	Introductions and Overview of Training	Darren Lauscher	9:10-9:15	Main Room	Introductions and Overview of Day 2	Darren Lauscher
9:20-10:45	Main Room	Keynote Address HIV/AIDS Psychiatry: A Review of Syndromes & Treatment	Dr. Stephen Fitzpatrick	9:15-10:45	Main Room	Keynote Address Translating Psychiatry to Frontline Work Practice	Rosalind Baltzer-Turje
10:45-11:00	Health Break						
11:00-12:00	Main Room	Keynote Address Continued	Dr. Stephen Fitzpatrick	11:00-12:15	Room A	A Stressful Diagnosis HIV, Stress and the Re-Activation of PTSD	Teo Sjolbergh
				11:00-12:15	Room B	Counselling the Person with a Psychiatric Diagnosis and HIV	Bill Coleman
12:00- 1:00	Lunch Provided			12:15-1:00	Lunch Provided		
1:00- 2:30	Main Room	HCV and Mental Health	Doug Elliot and Leslie Gallagher	1:00-2:30	Room A	Creating Cultural Acceptance: A look at how it can affect Mental Health	Healing Our Spirit Sue Ann Phillips
				1:00-2:30	Room B	Art/ Expressive Therapies	Sabine Silberberg
2:30-2:45	Health Break						
2:45- 4:00	Main Room	Synthesis <i>Facilitated Circle Discussion</i> and Debriefing	Darren Lauscher Rosalind Baltzer Turje	2:45-4:00	Main	Synthesis <i>Facilitated Circle Discussion</i> and Debriefing	Darren Lauscher Rosalind Baltzer Turje

TRAINING AGENDA

DAY THREE: March 19, 2010
THEME: IDENTIFYING AND BUILDING SUPPORTS

OBJECTIVE: Participants will discuss referral and supervision challenges and identify opportunities for future collaboration and support

TIME	PLACE	EVENT	FACILITATOR
9:00-9:10	Main Room	Opening Prayer	Elder Eugene Harry
9:10-9:15	Main Room	Introductions and Overview of Day 3	Darren Lauscher
9:15-10:00	Main Room	Mental Health and HIV and HCV Democracy	Janice Duddy and Sean Nixon
10:00-10:15	Health Break		
10:15-12:00	Main	Synthesis Facilitated Circle Discussion and Debriefing	Darren Lauscher and Rosalind Baltzer Turje

SUSAN DANN WILL BE CONDUCTING THE EVALUATION

Hepatitis C and Hepatitis C and HIV Co-infection

Lunch			
1:00-2:30	Main Ballroom	Hepatitis C	Jeff Reinhart Coordinator, Hepatitis C Program CATIE
2:30-2:45	Health Break		
2:45-4:15	Main Room	Hepatitis C and HIV Co Infection	Jeff Reinhart CATIE
4:15-4:30	Main Ballroom	Closing	Darren Lauscher and Evin Jones



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THE PACIFIC AIDS NETWORK

Presenter	Biography	Session Details
<p>Rosalind Baltzer-Turje</p>	<p>Director of Operations at the Dr. Peter AIDS Foundation since 2003. She is responsible for the clinical and support services which include a day health program and complex care facility. Prior to coming to the Dr. Peter Centre she worked in mental health - as a clinician, an administrator, a consultant, and a nursing educator. She has a degree in cell biology , a degree in nursing and a masters in individual psychology.</p>	<p style="text-align: center;">Synthesis Facilitated Discussion and Debriefing</p> <p style="text-align: center;">Translating Psychiatry to Frontline Work Practice</p> <p>This presentation will focus on the front line workers assessment of mental health problems and disorders. Included in the presentation will be tips for approach and access to service/support.</p>
<p>Bill Coleman</p>	<p>Psychologist at BCCDC and Forensic Services for over 20 years. Currently part of CIHR 5 year research project on “Early recognition and Rapid Response to HIV status”, in gay men. More recently taught counselling in the Netherlands, and worked for Doctors Without Borders in Africa (Ethiopia, Zambia, Darfur/Sudan, Sri Lanka) around HIV and war trauma issues</p>	<p style="text-align: center;">Counselling Persons with a Psychiatric Diagnosis and HIV</p> <p>Many psychiatrists will tell us that there is a chemical imbalance and medications are the only real assistance available for those with psychiatric diagnosis. We may look at the person with a psychiatric diagnosis as a person with well established and difficult adjustment problems. The debate is not “what is the cause of the psychiatric diagnosis?”, but “what can counselling do to help a person in need?”</p>
<p>Janice Duddy</p>	<p>Janice Duddy has worked on issues relating to HIV/AIDS for nearly 10 years. Currently, she is the Manager of the HIV/AIDS Program at the Provincial Health Services Authority. Prior to her work with the health authority Janice completed her Master’s degree in Environmental Studies from York University. Her Master’s focused on gender and development, HIV, and participatory approaches.</p>	<p style="text-align: center;">Democracy</p> <p>This workshop will provide opportunities to discuss:</p> <ol style="list-style-type: none"> 1. Opportunities for Building Bridges Between Mental Health and Addictions Services and ASOs. 2. Targeted Research 3. Mental Health Capacity Building for ASOs 4. HIV/HCV Capacity Building for Mental Health and Addictions Services 5. Knowledge Translation and Exchange
<p>Doug Elliott, MA, Registered Clinical Counsellor - Addictions Lesley Gallagher, RN, Clinical Research Nurse & Hep C Support</p>	<p>Doug and Lesley are part of an interdisciplinary health care team that offers Hep C treatment to members of Vancouver's Downtown East Side at the Pender Clinic. The program has been running for over 5 years now and is considered one of the most</p>	<p style="text-align: center;">HCV and Mental Health</p> <p>Today they want to help you understand the model that they have been using, give you advice on how to create something similar, answer your questions about mental health and managing depression, and offer you information based on their experience about how best to assist clients who may be</p>

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	<p>successful in Canada. They work together to offer a range of services which include, health care, counselling, an educational support group, funding applications, research studies, and emotional support.</p>	<p>struggling with an HCV diagnosis or co-infection. They welcome any questions you may have on practical matters or struggles you have encountered in your efforts to help clients.</p>
<p>Dr. Stephen Fitzpatrick</p>	<p>Dr. Stephen Fitzpatrick is the Director of Consultation-Liaison Psychiatry at the University of British Columbia Dept. of Psychiatry and works full time at St. Paul's Hospital. He is the founding Director of the HIV Psychiatry Service at SPH and has worked with persons living with HIV since the beginning of the epidemic.</p>	<p>HIV/AIDS Psychiatry: A Review of Syndromes & Treatment HIV and Mental Health overlap in multiple spheres. The impact of HIV on the central nervous system has a profound impact biologically and the psychological and social implications of being positive are significant. People living with mental health issues are at increased risk of becoming HIV positive and all persons living with HIV will develop mental health issues at some point during their lifetime. This presentation looks at these many overlapping spheres.</p>
<p>Darren Lauscher</p>	<p>Darren Lauscher: Currently is the PHA Representative for the Vancouver Coastal Health Region and sits on PAN's Board of Director's as the Vice Chair. Also he is the PHA delegate representing Vancouver Friends For Life Society and is the Society's past Board Chair. He has been an active volunteer within the HIV/AIDS Community for many years.</p>	<p>Synthesis <i>Facilitated Discussion and Debriefing</i></p>
<p>Sean Nixon</p>	<p>Sean Nixon is the Program Coordinator, HIV/AIDS Programs at the Provincial Health Services Authority. Sean recently completed an MSc in the School of Population and Public Health at UBC. His thesis focused on health literacy among street-involved youth in Vancouver.</p>	<p>Dotmocracy See Janice Duddy</p>
<p>Sue Ann Phillips</p>	<p>Sue Ann is Sto:lo from Chehalis. She has worked at Healing Our Spirit for 7 years she is the Education Program Coordinator. Her background is in addictions and trauma counselling for</p>	<p>Creating Cultural Acceptance: A look at how it can affect Mental Health This workshop will look at issues of Mental Health within Aboriginal communities and how they may affect those living with HIV/AIDS. Through creating cultural safety and</p>

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	<p>Aboriginal communities. She has worked closely with clients who survived residential school, sexual abuse, and those living with HIV.</p>	<p>acceptance it increases capacity for frontline workers to reach people in a more authentic manner. We will look at how historical and current events are impacting mental health issues for Aboriginal people. We will examine how partnerships and building capacity can begin to overcome the barriers many frontline workers and clients are facing.</p>
<p>Teo Sjolbergh</p>	<p>Teo Sjolbergh is living with HIV and Bipolar I (mixed type) disorder. He comes from a early life of difficulties, into a challenging adult life . In other words he is a human being seeking to become a better person whatever life presents. Sometimes he even sleeps!</p>	<p>A Stressful Diagnosis HIV, Stress and the Re-Activation of PTSD Discussion about the experience of PTSD and how the diagnosis of HIV/HCV can reactivate past trauma and be trauma in its own right. In my experience this layering of trauma can make treatment very difficult and lengthy for the patient. In addition, folks dealing with this layering become increasingly prone to the effects other trauma. I would like to speak about stress and the lack of resilience that comes after a traumatic event, and the need for actual face to face treatment or peer support.</p>
<p>Sabine Silberberg</p>	<p>Sabine is a counsellor/ expressive arts therapist and has been working for the Dr. Peter AIDS Foundation at the Dr. Peter Centre for the past 10 years.</p>	<p>Art and Expressive Therapies This presentation will include open discussion time on acceptance, engagement - the focus will be on relationships and will validate the work the front line workers are doing. The session will intertwine Harm Reduction model/theory.</p>

